

# James Henry

Runner

BIRMINGHAM    [jameshenry.workaddress@gmail.com](mailto:jameshenry.workaddress@gmail.com)    07712266342    Driving Licence 21+ and Car

## Personal Profile

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I recently completed a film studies degree, with experience running and a lot of passion for filmmaking. I'm happy to commute, work long hours, and I will make a confident and personable addition to your crew.

## Skills

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Cash Handling	Confident shooter with Canon and Panasonic	Switching Lenses	MS Office
Communication and Literacy	Operating the Slate	Adobe Premier Pro	Set Lighting

## Credits

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**Runner** | *Jeremy Clarkson: King of Controversy* (2023) | Honey Bee TV | August 2022

- Worked with director, designing the interview set.
- Fetched items, took food and drink orders and handled petty cash.

**COVID Marshal** | Sony Pictures | March – April 2022

- Handed out PPE and ensured masks were worn properly.
- Guided people to locations and kept crowd to a safe volume.

## Work Experience

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**Assistant Camera** | *Untitled Ch\*ck FI\*ck* (2023) | Short Film | Mountview, London | March 2023

- Assisted the DoP, switching lenses, operating the slate and pulling focus.
- Carried camera and lighting equipment to external locations and around Mountview itself.
- Worked with the lighting crew to set up and arrange equipment.

**Writer Director** | *Untitled Screenplay* (2022) | Short Film | De Montfort University, Leicester | April 2022

- Wrote and directed comedy script, earning a high first grade.
- Operated as a team leader to bring my story to life at multiple locations.

**Pot Washer** | La Stalla | Balsall Common | June – September, December 2021

- Worked in a high-paced kitchen environment, delivering clean utensils and equipment to the chefs.
- Cleaned the kitchen surfaces, utilities, and the floors.
- Communicated effectively with all members of staff.

**Office and Supply Assistant** | Bondeye | Warwick | July – September 2019

- I helped picking, packing, and dispatching optical goods within their warehouse.
- I greeted people at Optrafair 2019, the UK's optical industry show, making Bondeye's Exhibit engaging.
- I responded to online orders, scheduling and distributing the workload efficiently across the warehouse.

## Education

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**September 2020 – May 2023 | BA (Hons) Film Studies | De Montfort University**

**Sep 2013 – Jul 2020 | St Peter's Catholic School**

A Levels — English, Computer Science, Physics

GCSEs — 11, Including English Language and Maths

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Please contact me if you require references from previous employers.